

JUNCTION JUGGLEFEST 5K June 9, 2013 - 9:00 A.M.
Junction Auto
Lisbon, IA

RACE INFORMATION:

Flat, fast certified out and back course with \$1000 in prize money.

\$250 for 1st Overall Male & Female, \$100 for 2nd Overall M & F and \$50 for 3rd Overall M & F

\$100 for 1st Overall Male & Female Joggler.

(Jugglers must continuously juggle at least 3 objects and any drops must be retrieved and re-started where drop occurred. Jugglers may also double-up on prize money by finishing as Overall 1st).

Medals to top three age group finishers (19 and under, 20-29, 30-39, 40-49, 50-59, and 60 and over).

Overall winners are not eligible for age group awards. Start/Finish on Jackson St. between Casey's and Junction Auto. T-shirts and refreshments available to all the participants

CHECK IN AT JUNCTION AUTO, 214 E. Hwy. 30, Lisbon, IA.

Reg. for the 5K by June 1, 2013 for \$20, after June 1 and race day \$25

RACE DAY REG. IS FROM 7:00 A.M. TO 8:30 A.M.

Contact William Bails, Race Director - (319) 331-7939 or bailswilliam@gmail.com

Race Website: <http://roadrunner.coachbails.com>

PLEASE FILL OUT THE FOLLOWING FORM, SIGN THE WAIVER, AND MAIL TO: JUNCTION JUGGLEFEST 5K
P.O. Box 75

STANWOOD, IA 52337

MAKE CHECKS PAYABLE TO: JUNCTION JUGGLEFEST 5K

JUNCTION JUGGLEFEST 5K

FIRST AND LAST NAME

ADDRESS

CITY/STATE/ZIP

PHONE

E-MAIL ADDRESS

BIRTH DATE

AGE (race day)

M/F

CIRCLE EVENT & T-SHIRT SIZE

T-SHIRT SIZE:

S

M

L

XL

EVENT

UNTIL

AFTER

5K

6/1
\$20

6/1
\$25

Waiver: In consideration of my participation in the Jugglefest 5K, I the undersigned, my heirs, executors and administrators consent to discharge, release and hold harmless the town of Lisbon, race sponsors, volunteers and their affiliates, successors and distributors for claims, actions, losses, damages or expenses for personal or bodily damage and property loss or damage incurred by me arising out of or in connection with my participation in this event. I hereby grant permission to the parties listed herein to use my name and photographs, videotapes, motion pictures, recordings or any other record of my participation in this event for any purpose. I have read the foregoing and am of legal age to consent to the waiver and have trained to the best of my ability for this event.

RUNNER'S SIGNATURE

PARENT/GUARDIAN SIGN (if runner under 18)