

**"BELIEVE" 5K
NOV. 10, 2007
MECHANICSVILLE, IA**

RESULTS

OVERALL MALE CHAMPION: MIKE KABELLA - 17:44
OVERALL FEMALE CHAMPION: CAROLYN NEWHOUSE (16TH) - 22:55

AGE GROUP AWARD WINNERS

19 AND UNDER FEMALE

1. NICOLE BOESENBERG 24:52
2. HEIDI SCOTT 24:53
3. SOPHIE BLAKE 25:27

19 AND UNDER MALE

1. MATT MILLAM 22:09
2. ERIK MALABY 22:51
3. BEN CHAPMAN 24:04

20 - 29 FEMALE

1. ALYSSA JONES 24:58
2. RELISSA DLOUHY 25:49
3. TINA THURSTON 27:20

20 - 29 MALE

1. JOEY RICHEY 18:33
2. MITCH FIELDS 19:43
3. TERRY WILLENBORG 20:56

30 - 39 FEMALE

1. CYNTHIA SEVERS-MARX 23:42
2. TONYA JOHNSTON 25:59
3. MICHELLE THURSTON 27:13

30 - 39 MALE

1. BEN TREAKLE 22:16
2. BRYAN SCHROEDER 24:07
3. AMOS PATRICK 24:54

40 - 49 FEMALE

1. RUTH PROCTOR 26:50
2. AUTUMN REILING 27:06
3. MARLO PETERSON 27:37

40 - 49 MALE

1. MIKE NEWHOUSE 18:14
2. TOM WOLF 19:52
3. JEFF MULLEN 20:21

50 - 59 FEMALE

1. CLAUDIA SCOTT 25:54
2. KAREN JOHNSON 26:47
3. CANDY MULLEN 28:39

50 - 59 MALE

1. BOB STRICKLAND 21:26
2. BILL COPPER 23:17
3. DOUG KRUGER 25:25

60 AND OVER FEMALE

1. JUDY LINDER 44:04

60 AND OVER MALE

1. JOHN ROBINSON 24:39
2. RAY LINDER 44:04
3. WILBERT MUHS 52:26

What a great day for a race. We had beautiful weather with ideal conditions for November. With 150 runners pre-registered I was hoping to hit the 200 mark with the addition of race day registrations. We surpassed that and then some with a grand total of 253 participants in the 5k and the kids 1/2 mile. I couldn't have been more pleased and it was for a tremendous cause. This event was held to support Ashley Himes who is suffering from a rare form of brain cancer. I am overwhelmed at the support the North Cedar community has shown for her and not only our small communities but the support that came from the surrounding area as well.

I would like to thank all the volunteers and the sponsors of this event. It would not have gotten done without you.

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Thanks to Mary Jo Hainstock and Kathy Bails for heading up registration and the results tables and to all the students who volunteered at these tables. I would like to thank Vicky Hamdorf for asking me to put this event on, I enjoyed every minute of it and I was glad to do it as I have known Ashley and her family for quite a while.

Without these sponsors this race would not have been as successful as it was:

THE TIPTON MOTEL: MGR. KATHY BAILS
JUNCTION AUTO: OWNER TODD SAWYER
COMMUNITY STATE BANK: CATHY BOESENBERG
BRIDGE COMMUNITY BANK: BOB STEEN
AMERICAN TRUST AND SAVINGS BANK: LARRY WIEBEL
SHIRTS 'N' STUFF: BART/LISA MILLER